

Fluoride Treatment Chilliwack

One of the most potent aids used in dentistry to help hinder tooth decay is fluoride. It is a mineral compound that exists in some foods, fluids, and even in many residential water systems. Fluoride continues to be supported by many health and professional organizations for well over 50 years.

Topical Fluoride Therapies - fortify the teeth once they have emerged from the surface by flowing onto the outer surface enamel, providing added resistance to tooth corrosion. Topical fluorides come in numerous forms of fluoride containing dental products like oral rinses, toothpastes, and dental gels. Another means to receive topical fluorides are from the application of fluoride treatments offered by your oral health doctors. Fluoride remedies are typically recommended to be done two times during a year.

Systemic Fluoride - reinforce the teeth that are still growing beneath the gum tissues and the teeth that have by now already erupted. Almost 50 percent of Canadian cities have water systems delivering systemic fluorides to Canadians. Now the majority of food and liquids like teas contain some fluorides. One thing to bear in mind though, excessive fluoride might lead to a health condition referred to as dental fluorosis.

Sometimes systemic fluorides and the topical fluorides are not adequate to hinder oral decay and may need additional fluoride remedies. Your oral health care providers can sometimes advise professional home care fluoride treatments to help you in your prevention of tooth decay. You might have to supplement more fluoride into your schedule if: you possess deep pits and fissures on the exteriors of your teeth, your roots are open and sensitive, you have inadequate oral hygienic habits, your consumption of sugars happens too often, you have an inadequate exposure to fluorides, or have an inadequate saliva production due to current health ailments, medicinal treatments or medicines.

Fluoride alone is not able to inhibit dental caries, so it is critically important to sustain a balanced program of daily flossing and brushing!