

## Dental Cleaning Chilliwack

Immediately after your initial dental exam, specialized dental technicians known as hygienists will perform a tooth cleaning. The cleaning treatment is primarily focused on eliminating the calculus also referred to as tartar. Calculus is plaque that has solidified over a lengthy time frame and is at this moment securely fixed onto the exterior of the tooth. Calculus develops beneath and on top of the gumline and can only be eliminated with special dental instruments.

The following phase is the removal of plaque. Plaque is the thin sticky almost see-through layer that forms on the teeth. It's a colony of living bacteria, saliva, and food debris. The microorganisms irritate and inflame the gum tissues and are a prime indication of periodontal disease.

The last stage is for your dental hygienist to polish the teeth. Polishing is able to get rid of plaque buildup and superficial surface stains that could not be eliminated with routine brushing methods.