

## **TMJ Specialist Chilliwack**

Neuromuscular dentistry is the care of conditions of TMJ or temporomandibular joint syndrome which is related to the operating amid the lower and upper teeth. The coming together of lower with the upper jaw is categorized as the "bite" or "occlusion" and it is an essential part of the framework that also involves the muscles, teeth, and jaw joints.

This specific framework needs to be appropriately balanced or else the muscles will get overstimulated and overworked. This could cause a variety of warning signs or concerns to evolve like neck pain or facial pain, dizziness, headaches, ringing in the ears (tinnitus), grinding and clenching of the jaw and teeth, sensitivity to cold and hot stimuli, clicking or jaw joint pain, posture issues, and Insomnia.

The core objective of Neuromuscular dentistry is to make sure jaw stability and balance, as well as establishing a superior partnership between jaw joints, teeth and muscles. When the whole process ensures a perfect dental balance, indicators will diminish drastically and could still fade away completely.

You might want to think about consulting with your dental clinician if you happen to suffer from any of the signs or symptoms of TMJ or are considering any major oral health restoration like dental orthodontics or aesthetic replacements.