

## Chilliwack Orthodontist

Orthodontics is not just about straighter teeth and an improved bite, it is also about general dental hygiene and upgraded self-esteem. Even though the aesthetic appeal to having beautiful straight teeth is important, the most significant need is to reduce any prospective oral health worries linked to the jaw or teeth. Having to deal with jaw problems or crooked teeth may possibly contribute to improper cleaning techniques, which can lead to cavities as well as periodontal disease or complete loss of teeth. Orthodontic issues that continue to be neglected can bring about digestion and chewing issues, speech impediments, and irregular wear on the surfaces of the teeth. Over time, an excessive amount of pressure on the periodontal (gum) structures and the supporting bones of the teeth can affect the jaw joints resulting in concerns like neck and face pain or headaches.

These days, wearing braces has never been easier thanks to the recent improvements in modern orthodontics. The latest innovative dental appliances and treatment possibilities are now available, such as traditional metallic braces, to clear and tooth coloured braces, to lingual braces that are positioned on the backside of the teeth. Several patients may even be candidates for alignment with Invisalign, a revolutionary solution to straighten teeth using clear, retainer type aligners that require no wires or braces.

Orthodontics treatment is highly recommended when clients suffer from crossbites, overbites, underbites and overjets. A crossbite happens when a number of upper arch teeth bite on the inside of the bottom arch teeth. A deep overbite involves the bottom front teeth biting into the tissues of the top teeth. An overjet issue signifies that the top arch teeth stick out beyond the shorter lower jaw. Lastly, an underbite or bottom jaw projection happens when the lower jaw is much longer than the upper jaw.

Occasionally, orthodontic braces are a great choice whenever you have difficulties speaking, chewing, biting, or swallowing. Furthermore, jaw joint and jaw pain as well as disfiguring of the face and mouth may cause one to contemplate orthodontic treatment.

Other reasons for considering orthodontics are teeth crowding, extra teeth, poor spacing between teeth or just a simple cosmetic improvement